

KECHARA HOUSE

Kechara House was established in 2000 by our spiritual guide, His Eminence Tsem Rinpoche. We are a direct affiliate of Gaden Shartse Monastery, one of the largest monasteries in Tibet, which relocated to South India in the 1960s.

As a Gaden affiliate, all traditions, practices and teachings within Kechara House remains in line with the Gelugpa tradition. We follow an unbroken lineage of teachings back to 14th Century Buddhist saint Lama Tsongkhapa, who established this monastery and lineage. In making these teachings more applicable to modern-day spiritual seekers, the focus of our activities is on practical application and integration of ancient wisdom in our contemporary, busy lives.

Each week, Kechara House organises pujas (prayer sessions) and Dharma classes for both adults and children. Throughout the year, we organise teachings by His Eminence and large-scale celebrations for auspicious events, such as Wesak Day and Lama Tsongkhapa Day.

Kechara House introduces a spiritual way of life or philosophy that can be easily adopted by modern practitioners and spiritual seekers, whatever our racial, cultural and even religious background. Kechara House's main purpose is to give all visitors a beautiful, calming environment to discover peace, clarity and many methods to a happier way of living.

The Kechara House gompa (prayer hall) is located in the quiet SunwayMas Commercial Centre, in Petaling Jaya. Opened in November 2010, it has a seating capacity of 700 people and three of the largest statues of their kind in Malaysia – a 12ft Lama Tsongkhapa, 8ft Vajrayogini and 8ft Setrap.

Contact Us

No. 7, Jalan PJU 1/3G,
SunwayMas Commercial Centre,
47301 Petaling Jaya,
Selangor, MALAYSIA.

[T] +603 7803 3908

[F] +603 7803 3108

[W] www.kechara.com/kecharahouse



KECHARA

A Tsem Rinpoche Organisation



Datuk May Phng
President



Henry Ooi
Vice-President



May Woo
Secretary



Pastor Chia
Committee Member



Paul Yap
Committee Member



Ron Wong
Committee Member



David Loh
Committee Member



Lim Tat Ming
Administrative Officer



May Ong
Administrator &
PA to Pastors



Tan Gim Lee
Housekeeping &
Puja Trainer



Lee Mei Fong
Puja House Administrator